

GP-COG Screening Test Form

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MYBRAINTEST

MyBrainTest.org provides research and analysis on brain health screening tools, and the cognitive health testing market.

Website: www.mybraintest.org

MEMORY HEALTH CHECK

MemoryHealthCheck is a free resource to learn about human memory, the causes of memory loss, online memory loss tests, and steps you can take to improve your memory.

Website: www.memoryhealthcheck.com

Patient name: _____

Date: _____

GPCOG Screening Test

Step 1: Patient Examination

Unless specified, each question should only be asked once

Name and Address for subsequent recall test

1. *"I am going to give you a name and address. After I have said it, I want you to repeat it. Remember this name and address because I am going to ask you to tell it to me again in a few minutes: John Brown, 42 West Street, Kensington."* (Allow a maximum of 4 attempts).

Time Orientation

Correct **Incorrect**

2. *What is the date? (exact only)*

Clock Drawing – use blank page

3. *Please mark in all the numbers to indicate the hours of a clock (correct spacing required)*

4. *Please mark in hands to show 10 minutes past eleven o'clock (11.10)*

Information

5. *Can you tell me something that happened in the news recently? (Recently = in the last week. If a general answer is given, eg "war", "lot of rain", ask for details. Only specific answer scores).*

Recall

6. *What was the name and address I asked you to remember*

John

Brown

42

West (St)

Kensington

(To get a total score, add the number of items answered correctly)
Total correct (score out of 9)

/9

If patient scores 9, no significant cognitive impairment and further testing not necessary.

If patient scores 5-8, more information required. Proceed with Step 2, informant section.

If patient scores 0-4, cognitive impairment is indicated. Conduct standard investigations.

Informant Interview

Date: _____

Informant's name: _____

Informant's relationship to patient, i.e. informant is the patient's: _____

These six questions ask how the patient is compared to when s/he was well, say 5 – 10 years ago

Compared to a few years ago:

- | | Yes | No | Don't Know | N/A |
|--|--------------------------|--------------------------|--------------------------|--------------------------|
| ▪ Does the patient have more trouble remembering things that have happened recently than s/he used to? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| ▪ Does he or she have more trouble recalling conversations a few days later? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| ▪ When speaking, does the patient have more difficulty in finding the right word or tend to use the wrong words more often? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| ▪ Is the patient less able to manage money and financial affairs (e.g. paying bills, budgeting)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Is the patient less able to manage his or her medication independently? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ▪ Does the patient need more assistance with transport (either private or public)?
(If the patient has difficulties due only to physical problems, e.g. bad leg, tick 'no') | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

(To get a total score, add the number of items answered 'no', 'don't know' or 'N/A')

Total score (out of 6)

If patient scores 0-3, cognitive impairment is indicated. Conduct standard investigations.

Pt. Name: _____ DOB: _____

Date: _____

Instructions

Inside the circle draw the hours of a clock as if a child would draw them
Place the hands of the clock to represent the time “forty five minutes past ten
o’clock”

Instrucciones

Dentro del circulo dibuje las horas del reloj como si lo haria un niño.
Ponga las manos del reloj para representar el tiempo “cuarenta y cinco
minutos despues de las diez”

